



Occurrence of the Disease

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Received 19th Feb 2022,
Accepted 18th Mar 2022,
Online 29th Apr 2022

Annotation: There are many methods of treatment. While one seeks salvation in modern medicine, another seeks folk medicine, and some find it impossible to find both, while others rely on someone else's experience.

Keywords: pathological liquids, gallbladder fluid, harmful modules.

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"Know the value of five things before five things: the value of health before you get sick, the value of youth before you old, the value of freedom before slavery, the value of wealth before poverty, the value of life before death," said the famous philosopher Jalaluddin Rumi.

Unfortunately, most of us still do not follow these words, which are more valuable than gold. We don't pay attention to ourselves and our health in time; our bodies run out of energy, so we get sick and go through hard times. Only then will we be able to think, albeit belatedly, that there is nothing more important to everyone than health. That is why people spare no effort, money, or time to prevent disease and maintain and strengthen their health. They do not shy away from various treatments, sports, and physical exercises, as well as the use of various healing products created by Allah, as well as frequent visits to doctors and nurses for advice and counseling. These are not in vain. Life is sweet. Living a healthy life is even sweeter. To live a happy life, a person needs, first of all, health. The sweetest flavor is health. You can tell this by the fact that you don't feel anything when you are in pain when an illness is bothering you regularly. Although the causes of diseases are many, the origin is only one essence. Allah examines His servants from time to time, and some of them for a lifetime due to various diseases, limbs, or disabilities. He gives more of pain and sickness, pain and sickness, especially to his beloved servants.

Usually, when a disease comes knocking at the door, we start looking for a cure, looking for ways to cure it. We turn to doctors and folk medicine. We also do not overlook the experiences that walking among the people. Once our patient is clear about what will be the cure, we will start treating him. The more ignorant it is to link the disease to different causes, the more ignorant it is not to treat it when pain comes. There are many methods of treatment. One seeks salvation in modern medicine, the other turns to folk medicine. The choice is always up to the patient. When you talk to some people about folk medicine, they don't accept it, they unknowingly deny therapies that suit our psyche, nature, and climate. But if we look deeper into the matter, it becomes clear that, as they think, it is not a question of the primacy or unpopularity of this or that method, but of the choice of efficiency, cheaper and

harmless for treatment. How does the disease appear? It is natural for anyone who hears this question to think that he can not find an answer to it. First of all, it would be more correct to give a real and concise answer to this question: "Both the giver and the receiver are Allah."

Keeping in mind that nothing in the world is without a cause, it is necessary to study the factors of origin of every disease, to treat pain, because the Creator Himself commanded us to seek healing for diseases. To do this, first of all, let's think about the causes of the disease. According to Aby Ali Ibn Sina, the great sage and scholar, the sultan of medicine, a person's client is of four kinds: the first is dry-hot, the second is wet-hot, the third is a dry-cold, and the fourth is wet-cold. There are also four types of fluids in the human body: the first is gallbladder fluid, the second is pathological liquid, the third is sputum, and the fourth is blood. In addition, ten things are trapped, clogged, and harmful in the body: frothy blood, aroused semen (seeds of lust), urination (urine), urination, rest in the abdomen, vomiting, not expelling the accent, insomnia, hunger, thirst. If any of these 10 things are caught and caught, it will cause some pain and illness. The human body is so perfectly created that it is impossible for anyone who observes the activity of our internal organs not to be amazed. The food a person eats passes through the oral cavity and throat and enters the stomach directly. The stomach and 12-fingered intestine crush the food, add the necessary substances to it and prepare it for digestion, then transfer the tongue of the food to the intestine. The intestine also receives the necessary substances and excretes the remaining waste.

The fluid in the gallbladder is dry hot, ... dry cold. Blood is hot and sputum is wet and cold. Each disease is more likely to be caused by an increase or decrease in these substances in the human body. If a physician wants to treat a patient without identifying the client, without being interested in whether each substance in it has decreased or increased, he will not be able to achieve the expected result. To do this, a person must pay special attention to constantly emptying and cleaning his body. According to Abu Ali ibn Sina, a person goes through four purifications. That is if a person regularly excretes and empties sweat, urine, feces, and semen (semen of lust), he can always walk healthy by the command of the Creator. The doctors wrote down their opinions on identifying the person's client. Apparently, before looking for a cure for a person's pain, identifying the client, looking at what the pain in the body is indicative of, allows the patient to be treated perfectly. If the above four substances: fluid in the grass, pathological liquids, sputum, and blood are formed due to the proliferation of one from the other, then one way to get rid of it - one way to remove the excess substance from the body by various means is to drive out. To do this, depending on which substance is in excess and taking into account the patient's client, an enema is given or expelled herbs are given or vomited or blood is drawn. Our long-term observations and analysis show that the main causes of the disease in humans are five factors: inflammation of the body, eating and sleeping disorders, inactivity, drinking vodka, and smoking, which leads to poor health, such as malignancies and disorders of the nervous system.

Our long-term observations and analysis show that there are five main causes of human disease. These include malignancies such as colds, eating disorders, sleep disorders, inactivity, alcoholism, smoking, and nervous system disorders. Other factors can also be cited. According to the World Health Organization, as well as the research of academicians Yuri Lysitsin and Vladimir Komarov, human health depends on the following factors. Fifty-five percent depends on a person's lifestyle, 18 percent on heredity, 17 percent on the environment, and 10 percent on health care. As the cause of everything in the world, Allah has caused various blessings or methods of treatment to cure diseases. Our body is so complex and amazing that the weaker organ continues to receive tenderness from the brain. The pathological fluid that flows from the brain can flow to the stomach, throat, forehead, eyelids, nostrils, nose, lungs, intestines, and even the liver. If this fluid (pathological liquid) is poured into the nose, a cold is formed. If it is poured into the throat, the tonsils become inflamed and produce pus (angina). When boride is injected into the lungs, the lungs cause airway inflammation, which can even lead to

shortness of breath. if the pathological liquid enters the stomach, it causes gastric disease. If the stomach is strong, it passes the pathological junks to other organs without leaving it. If it passes into the intestine, it causes diarrhea, and if it passes into the liver, it makes it sick. If the part of the water coming to the forehead of the pathological liquid comes out and remains in place, it can flow to the eye and surround the pupil, resulting in the patient becoming blind.

Our twenty-eight years of experience show that the main causes of muscle function during physical activity, the circulatory system, respiration, sweat systems, the effects of currents in the body, and the aging process of the human body are formed as a result of metabolism in the body. Waste products accumulate in cells and intercellular spaces, blood vessels, urine, bile, and other pathways. At such times, we need to pay attention to cleansing our body, first of all, to organize our diet wisely, learn to breathe properly, and from time to time, as mentioned above, carry out body cleansing procedures. The treatment we mention is diet (some of us also call it starvation), which uses natural herbs to affect the root causes of diseases in the whole body, cleansing every cell and tissue that makes up the human body from the causes of disease and, consequently, from pain. is a healing method. This method not only cures diseases but also eliminates the causes of diseases, as well as prevents premature aging, without drugs, without surgery, is of great benefit in maintaining the health of our people, which is the main wealth. During treatment, the patient temporarily refrains from eating. The patient will not go hungry even if he does not eat. Because the body's internal reserves, natural herbs, juices, and, of course, the unique ointment we create, come to life. This innate genetic possibility in humans is present in all living beings. Therefore, after three to four days of the treatment, the client does not feel any hunger.

Naturally, during treatment, a person loses 20-25 percent of his weight harmlessly for life, i.e. the patient lives on natural herbs, apple juice, and his internal capacity. At the same time, the causes of the disease disappear with the tag vein, and the patient's body is cleansed. In this case, a person gets rid not only of the symptoms of the disease but also of the underlying causes that caused it. The word "famine" is also ugly because it has left a bad impression on people since ancient times due to its shortcomings. Most of the weight lost during treatment is due to excess fat, dead cells, salts, metabolic wastes, polluted air, water, drugs, and food. are toxic sediments. During the treatment, the causes of diseases that occur in the body as a result of proper nutrition and lack of mobility of the patient are eliminated. Pollution of the external environment, pollution of the body with various chemicals due to taking many drugs, harmful habits of people, ie alcohol consumption, smoking, and similar effects accumulate in the body the remaining toxins are excreted through the excretory organs of our body using an enema during treatment. When the body gets rid of unnecessary waste, the skin lives, the color becomes clearer, and the cell composition improves. The eyes also become brighter and the gaze becomes more expressive. The man goes into hiding. This concealment, which is visible from the outside, also occurs in the internal organs (although it is not visible). You can feel it yourself. We have observed this in our many years of experience with thousands of patients and have witnessed their confessions.

References:

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2. Berdiqul Ergashev “Ergash ota mo`jizalari”